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Maintaining independence while ensuring safety is a priority for many individuals, especially those with medical concerns. WH Security medical alerts use cellular communication, GPS, and Wi-Fi location services to ensure help is never far away. Whether you're out for a walk, running errands, or visiting friends, the system's reliable connectivity allows you to go almost anywhere.

## FEATURES DESIGNED WITH YOU IN MIND

WH Security medical alerts come with features that make them both practical and helpful:

- 24/7 assistance: The WH International Response Center (WHIRC), based in Rockford, MN, is always on standby to respond to calls. WHIRC's trained professionals ensure that every call is handled quickly and effectively.
- Two-way voice communication: Direct communication with WHIRC is simple, allowing users to explain their situation and get the help they need without delay.
- Fall detection: Falls are a leading cause of injury, especially for older adults. The built-in fall detection feature can automatically alert the response center even if the user is unable to push the help button.

- Water-resistant design: The device's water-resistant build ensures it can be worn in the shower providing uninterrupted protection.
- Long battery life: With a four-day battery life, users can feel confident their device will be ready when they need it most.

## HOW IT WORKS

If the user pushes a button or a fall is detected, the device communicates with the response center through cellular networks. GPS and Wi-Fi services provide location information, enabling emergency services to reach you quickly.

### WHO CAN BENEFIT FROM A MEDICAL ALERT?

- Seniors living independently
- · Individuals with medical conditions
- Families of vulnerable individuals
- Lone workers

WH Security's medical alert systems are available for in-person delivery and installation or delivery with overthe-phone installation. Call 763.477.3664 to order yours today!



## UPGRADE TO CELLULAR



TIPS TO STAY SAFE THIS WINTER

Winter can be a fun and beautiful time of the year. However, it also brings challenges like icy roads, frigid temperatures, and potential power outages. Here are some winter safety tips to help you and your loved ones stay safe and cozy throughout the season.

#### **DRESS WARMLY**

- Layer up: wear thermal undergarments and layers to trap heat.
- Cover extremities: use hats, gloves, scarves, and insulated boots.
- Stay dry: wear waterproof outerwear.

## **DRIVE SAFELY**

- Winterize your car: check tires, wipers, and battery.
- · Carry an emergency kit: include jumper cables, a flashlight, and blankets.
- Slow down: drive cautiously on icy roads.

#### PREVENT COLD INJURIES

- · Limit time outdoors: stay inside during extreme cold.
- Know symptoms: watch for frostbite (numb, pale skin) and hypothermia (shivering, confusion).

## STAY ACTIVE SAFELY

- · Shovel smart: warm up, lift with your legs, and take breaks.
- Walk safely: use salt or sand on icy paths and wear sturdy shoes.
- Be visible: wear bright or reflective clothing outdoors.

## PROTECT PETS

- Bring them in: limit outdoor time for
- Check paws: clean off ice, salt, and
- Provide warm shelter: ensure outdoor shelters are insulated.

## **USE CAUTION AT HOME**

- Space heaters: keep them away from flammables and don't leave unattended.
- Carbon monoxide safety: vent fireplaces and generators; use detectors.
- · Avoid overloading: don't overload outlets.

## PREP YOUR HOME

- Check heating: inspect and maintain your heating system.
- Seal drafts: use weather stripping or caulk
- Stock supplies: keep blankets, flashlights, and non-perishable food.
- Call WH Security for water and temperature sensors.

A little preparation goes a long way. Stay warm, stay safe, and enjoy winter!

# THE VALUE OF SECURITY MONITORING

WH Security systems are monitored locally by WH International Response Center (WHIRC) - a leading national monitoring center.

We asked Jody, a former 911 dispatcher and current WHIRC administrative support specialist, why are security monitoring centers important?



"Many different types of call centers, including 911 dispatch centers, have staffing challenges and non-verified emergency calls are not their first priority. They must prioritize the verified emergency calls first. Alarm monitoring centers, like WHIRC, help make emergency dispatch faster and more accurate. That is why WHIRC is so important. Most of WHIRC's calls are outbound to see if our customers need help once we receive their alarm signal.

We also monitor and act on high/low temperature alarms These types of alarms help prevent loss of property and income."

Learn more about WHIRC at whirc.com.

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